

# 901 E. Avenue K Grand Prairie, Texas 75050

Phone: (972) 647-1607/1-800-394-5445

Fax: (972) 647-4044

www.arlingtoncareerinstitute.edu

# **CATALOG SUPPLEMENT PUBLISHED AND EFFECTIVE JANUARY 19, 2023**

This catalog supplement is part of the Arlington Career Institute school catalog.

The information contained in this catalog and supplement is true and correct to the best of my knowledge.

JON VECCHIO, Director

# **FACULTY**

Glendine Lipford

Texas Certified Shorthand Reporter AA, Court Reporting Institute of Dallas

BS, Howard Payne University

Danielle Trahan, CRI, CPE AAB, Court Reporting

Academy of Court Reporting

Christie Leiter

California and Texas Certified Shorthand Reporter

Lee College of Court Reporting

Dianna Vecchio

Registered Professional Reporter Arlington Court Reporting College (Now Arlington Career Institute)

Lysandra Waitemon

Certified Registered Medical Assistant Certified Allied Health Instructor American Medical Technologists

AS in Health Studies, Carrington College

Laura McCaskill Attorney at Law

BA, Austin College JD, St. Mary's University School of Law

Vicki Little

Administrative Assistant Frito Lay, Inc. (Retired)

Jenyphr Goldsberry Registered Nurse

BSN, Texas Christian University

Erin Lopez

BGS, University of Nebraska – Omaha

MA, College of Saint Mary

Specialist in Education, University of South Dakota

U.S. Military Veteran

Leslie Williams Registered Nurse

BSN, University of Massachusetts Boston

Cherresa Ingram

Licensed Vocational Nurse Vernon Regional College

Alana Thompson

Registered Nurse

BSN, Aspen University

Judy Brownlow

Assistant Director/Paralegal Department Head

Arlington Court Reporting College (Now Arlington Career Institute)

Helen Faulkner

Registered Nurse

BA, Western Michigan University

MA, Saint Francis College, Graduate Division

ASN, Ivy Tech Community College

Andrea Houser

BA, University of North Texas MA, Texas Woman's University

AD, Court Reporting, Broward Community College

Gloria Moss

AAS, Court Reporting Institute of Dallas Texas Certified Shorthand Reporter (Retired)

Dara Swink

Registered Nurse

MSN, Grand Canyon University

Dionne Jackson

Licensed Vocational Nurse

National Certification of Pharmacology

Casa Loma College, School of Vocational Nursing

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JON VECCHIO, Director

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# **ADMINISTRATIVE STAFF**

Jon Vecchio CEO/Director BBA, University of Texas at Arlington

Jamie Jordan Executive Vice President BS, Anthem College

Jon Vecchio, Jr. Assistant Director of Student Services BA, Austin College

Maryetta Oakley Registrar

Raquel Johnson Senior Admissions Representative

Amber Rodriguez
Administrative Assistant

Ashley Plociniak Admissions Representative Bachelor's in Clinical Psychology, Kaplan University U.S. Military Veteran Tom Vecchio CFO/Financial Aid Director BA, University of Texas at Arlington

Terri McDougald Assistant Director of Admissions Texas CSR (Retired)

Tommy Vecchio Assistant Financial Aid Director University of Arkansas

Laura Castillo Financial Aid Officer

Judy Brownlow Assistant Director

Tommy January Assistant Director of Career Services AS, Keiser University Nationally Registered Certified MA

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JON VECCHIO, Director ARLINGTON CAREER INSTITUTE

# ONLINE COURT REPORTING STENO PROGRAM TUITION AND FEES

Registration Fee	\$100
Tuition	\$22,800
Books	\$655
Steno Machine and Case CATalyst Software	\$2,365
Lab Fees/Realtime Coach Access	\$1,500

**Total Cost of Program** \$27,420

**NOTE:** See ACI Catalog, page 8, for important information regarding the Court

Reporting Program.

**NOTE:** Steno machine and textbook prices are subject to change by suppliers.

Optional fees for Texas court reporting certification can be found at www.txcourts.gov/jbcc/court-reporters-certification/exam/ and www.trca-online.com/.

Optional fees for national court reporting certification can be found at <a href="www.ncra.org/">www.ncra.org/</a>.

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# ONLINE COURT REPORTING VOICE WRITING PROGRAM TUITION AND FEES

Registration Fee	\$100
Tuition	\$16,236
Books	\$465
*Voice Writing Equipment, Software, and Hardware	\$4,100
Lab Fees	\$820

**Total Cost of Program** \$21,721

\*Voice Writing Equipment Includes:

Lenovo ThinkPad P15s G2 with i7/16GB/512SSD/W10P-64/3y

(includes custom setup and support)

Dragon Professional 15 Individual

Realtime Voice Writing Manual and Setup Files by Bettye Keyes

Talk Tech Smart Mic (SR Pro-1)

Andrea USB Mic Adapter (MA)

**CAT Voice Software** 

\* Prices and equipment subject to change

Optional fees for Texas court reporting certification can be found at <a href="https://www.txcourts.gov/jbcc/court-reporters-certification/exam/">www.txcourts.gov/jbcc/court-reporters-certification/exam/</a> and <a href="https://www.trca-online.com/">www.trca-online.com/</a>.

Optional fees for national verbatim reporting certification can be found at <a href="https://www.nvra.org/">www.nvra.org/</a>.

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# PARALEGAL/LEGAL ASSISTANT PROGRAM TUITION AND FEES

Registration Fee	\$100
Tuition	\$13,080
Books and E-books	\$925
Lab Fees	\$250
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Total Cost of Program	\$14,355

Optional fees for national paralegal certification can be found at <a href="www.nala.org/">www.nala.org/</a>.

# ADMINISTRATIVE ASSISTANT PROGRAM TUITION AND FEES

Registration Fee	\$100
Tuition	\$8,456
Books	\$511
Lab Fees	\$250
Total Cost of Program	\$ 9,317

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JON VECCHIO, Director

# **HVAC PROGRAM TUITION AND FEES**

DESCRIPTION	COST
Registration Fee	\$100
*Tools and Supplies	\$1,350
Tuition	\$6,400
TOTAL COST OF PROGRAM \$7,850	

**Note to Students:** Please see page 44 of the school catalog for potential out-of-pocket costs related to attending the HVAC program.

For full refunds, ACI can withhold cost of the tools from the refund as long as they were necessary for the portion of the program attended and separately stated in the enrollment agreement. After the 72-hour cancellation privilege has expired, no refund is permitted nor will be given to the student for the cost of the tools and supplies. After the expiration of the 72-hour cancellation privilege, the tools and supplies become the property of the student.

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<sup>\*</sup>All students must purchase these items from ACI to ensure safety, uniformity, and authenticity. No exceptions under any circumstance will be made.

# MEDICAL OFFICE SPECIALIST PROGRAM TUITION AND FEES

Registration Fee	\$100
Tuition	\$12,500
Books	\$1,809
Lab Fees	\$250
Total Cost of Program	\$14,659

# MEDICAL ASSISTANT PROGRAM TUITION AND FEES

Registration Fee	\$100
Tuition	\$12,671
Books	\$1,158
Lab Fees	\$350
Total Cost of Program	\$14.279

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JON VECCHIO, Director
ARLINGTON CAREER INSTITUTE

# NURSING ASSISTANT PROGRAM TUITION AND FEES

Registration Fee \$50 Tuition (Books and Lab Fees Included) \$945\*

Total Cost of Program \$995\*

(\*Includes voucher for Texas Nurse Aide Exam)

## **VOCATIONAL NURSING PROGRAM TUITION AND FEES**

Registration Fee Tuition Books	\$100
Tuition	\$18,600
Books	\$2,090
Lab Fees	\$500

**Total Cost of Program** \$21,290

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# **MISCELLANEOUS FEES**

Reentry Fee	\$25
ACI Transcript Fee	\$7
Replacement Diploma Fee	\$20
Texas High School Transcript	\$10
Out-of-State High School Transcript	\$15
GED – Texas	*Free
GED – Out of State	\$15
Texas College Transcript	\$15
Out-of-State College Transcript	\$20

<sup>\*</sup>If available on Texas GED website. If not, the fee is \$10.

NOTE: Textbook prices are subject to change by suppliers. All textbooks and equipment subject to applicable state sales tax.

ACI reserves the right to change tuition. Students are charged for their tuition by the program, and there will be no change in the tuition amount provided the student remains in school. Should a student withdraw from school and return at a later date, the student would be charged the current tuition rate, which may be different from the original tuition amount, for the remainder of the program. All equipment and textbooks are subject to applicable sales tax.

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JON VECCHIO, Director ARLINGTON CAREER INSTITUTE

# VOCATIONAL NURSING PROGRAM



#### **EDUCATIONAL OBJECTIVE**

The objective of the Vocational Nursing program is to prepare the student for an entry-level position as a licensed vocational nurse. Students will learn to provide general nursing care under the direction of a registered nurse, physician, or dentist. Typical workplace settings include physicians' clinics, urgent care, assisted living, rehabilitation facilities, and hospitals.

#### **GRADUATION REQUIREMENTS**

Students must complete all required subjects in the Vocational Nursing program in order to graduate. Upon completion of the program, students will be awarded a diploma.

#### **ADMISSION REQUIREMENTS**

When applying for admission to the Vocational Nursing program, applicants must have a high school diploma or GED and must have taken the Test of Essential Academic Skills (TEAS). Applicants will be notified by email of the status of their applications.

#### **METHODS OF DELIVERY:**

Classroom courses are delivered on campus. Clinical classes are delivered in the school's campus lab or off-campus approved clinical sites. The maximum number of students per class is 30.

PROGRAM LENGTH: Approximately 48 weeks or 12 months.

## **CLASS HOURS:**

Mondays 8:30 a.m. to 2:00 p.m. Tuesdays 8:30 a.m. to 4:00 p.m.

Individual study, makeup exams, and Fridays

tutoring by appointment

#### **CLINICAL HOURS:**

Wednesdays and Thursdays - Eight (8) hours each day Hours are determined by clinical site.

Hours are subject to change.

#### **CURRICULUM**

Course		Theory Contact	Lab	Externship Contact	Quarter Credit
Number	Subject	Hours	Hours	Hours	Hours
VNSG101	Vocational Adjustment	24	0	0	2.0
VNSG100	Anatomy & Physiology	48	0	0	4.5
VNSG102	Foundation of Nursing & Clinical	72	48	168	14.5
VNSG103	Essentials of Medication Administration	24	0	0	2.0
VNSG200	Pharmacology I	24	0	0	2.0
VNSG201	Geriatric Nursing	24	0	0	2.0
VNSG202	Medical Surgical Nursing I & Clinical	72	24	192	14.0
VNSG300	Pharmacology II	24	0	0	2.0
VNSG301	Mental Health Nursing	24	0	0	2.0
VNSG302	Medical Surgical Nursing II & Clinical	72	24	192	14.0
VNSG400	Maternal Child Nursing & Clinical	72	12	60	9.5
VNSG401	Vocational Nursing Leadership & Clinical	36	0	108	7.0
VNSG402	Vocational Nursing Capstone	36	0	0	3.5
SUBTOTALS 552 108 720			79		
TOTAL CREDIT HOURS REQUIRED FOR COMPLETION			79		
TOTAL CLO	TOTAL CLOCK HOURS REQUIRED FOR COMPLETION			•	1380

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## **COURSE DESCRIPTIONS:**

VNSG 100......48/4.5 Course Level: Introductory

#### **BASIC ANATOMY & PHYSIOLOGY**

This course presents an integrated approach to the human body. Topics include the structural makeup and function of each body system and the organic process of living organisms. Upon successful completion of the course, students will be able to separate and identify the parts of the human body to ascertain their position, anatomy, and function and to determine healthy organic processes.

VNSG 101.....24/2.0 Course Level: Introductory

#### **VOCATIONAL ADJUSTMENTS**

This course presents foundational concepts regarding the field of vocational nursing, including information on nursing history, ethics, laws regulating the practice of nursing, confidentiality, and patient rights. Students will also learn about the health care system, the interdisciplinary team and growth and development through the lifespan. Finally, students will develop skills regarding cultural sensitivity, complementary and alternative medicine, communication, loss, grief, and spiritual needs of patients.

**End-of-course Outcomes:** Upon successful completion of this course, students will be able to identify historic events associated with nursing, important legal aspects and ethical issues in vocational nursing, the variety of health care delivery systems, cultural and spiritual aspects of patient care, nursing care for the dying patient, the stages of growth and development over the lifespan, holism and integrative health care, and principles of therapeutic communication.

VNSG 102......72/48/168/14.5 Course Level: Introductory

#### FOUNDATIONS OF NURSING AND CLINICAL

This course presents a study of the fundamentals in nursing knowledge and skills necessary to maintain physiological and psychosocial integrity. The student will attain a foundation for the more advanced skills and knowledge as they progress through the vocational nursing program. Students will gain an understanding of man as a biopsychosocial being with basic human needs. Students are introduced to the nursing process through critical thinking and decision making and will gain knowledge of safety and asepsis, nutrition, vital signs measurement, basic body mechanics, admission, transfer and discharge of patients. Experiences in basic patient care will include, but is not limited to, bed bath, feeding, personal hygiene, elimination, and physical assessment. The student is introduced to health promotion and wellness along with documentation, care of the surgical patient, and basic first aid. Clinical practice is provided at various long-term care facilities. Classroom, laboratory, and clinical experience are provided concurrently.

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End-of-course Outcomes: Upon successful completion of this course, students will be able to perform a basic health history and physical assessment of the adult, utilize the APIE format for narrative documentation, demonstrate the nursing process by writing a nursing care plan, discuss critical thinking and clinical judgment in nursing, describe common patient reactions to being admitted to a health care facility, discuss the nursing responsibility for admission, transfer, and discharge, demonstrate proper technique in performing basic nursing skills, explain the chain of infection and identify nursing interventions to interrupt the infectious process, relate specific safety considerations to the developmental age and needs of individuals across the life span, describe the complications of immobility and interventions for prevention, discuss the responsibilities of the nurse in pain control, promoting comfort, rest and sleep, describe personal hygiene practices, identify the pre- and post-procedure nursing care for common diagnostic procedures, identify interventions for a variety of emergency first aid situations, describe the nurses responsibility for promoting nutritional support of patients, and explain patient care priorities for the surgical patient.

VNSG 103.....24/2.0 Course Level: Introductory

#### ESSENTIALS OF MEDICATION ADMINISTRATION

This course provides instruction to develop the ability to accurately calculate dosage in order to administer medications safely and effectively. Students will review basic math skills including numbers, fractions, decimals, and whole numbers. The metric and household conversion systems are learned, as well as ratio and proportion, formula and dimensional analysis methods to calculate dosage problems. Students will gain practice in reading medication labels, understanding and interpreting medication orders, medication administration records, drug distribution systems, and calculating oral, parenteral, reconstituted solutions, and dosages measured in units.

**End-of-course Outcomes:** Upon successful completion of this course, students will be able to use basic mathematical skills to solve dosage problems accurately, identify common abbreviations used in medication administration, interpret information found on drug labels, solve dosage calculations using dimensional analysis, formula and/or ratio and proportion methods, convert between measurement units of metric and household systems, identify steps in safe and accurate medication preparation and administration, identify and interpret the components of a drug prescription, medication order and Medication Administration Record, and use medical terminology and abbreviations to correctly interpret medication orders.

VNSG 200......24/2.0 Course Level: Intermediate

#### PHARMACOLOGY I

This course provides an understanding of the foundations and principles of pharmacology. Students will learn about common drug classifications, actions, and adverse effects and apply the nursing process to medication administration, promoting and monitoring therapeutic effects, observing patients and minimizing the adverse effects of drugs, and evaluating the drug's effectiveness. Instruction on the following drug groups are included in this course: pulmonary; cardiovascular; immunological and gastrointestinal.

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**End-of-course Outcomes:** Upon successful completion of this course, students will be able to categorize the classification of drugs; calculate drug dosages; identify the therapeutic use, routes of administration, indications, contraindications, and adverse effects; and describe the nursing responsibilities in medication administration.

VNSG 201.....24/2.0 Course Level: Intermediate

#### GERIATRIC NURSING

This course presents holistic nursing care of the older adult. Students will explore physiological changes of aging, cognitive disorders, medication administration, safety, nutrition, assessment, psychosocial needs and common health issues of the geriatric population.

**End-of-course Outcomes:** Upon successful completion of this course, students will be able to describe the aspects of aging; discuss disease processes associated with aging; and identify perceptions related to care of the older adult.

VNSG 202......72/24/192/14.0 Course Level: Intermediate

#### MEDICAL-SURGICAL NURSING I and CLINICAL

This course presents content about nursing care related to adult patients with common disorders of the cardiovascular, immune, hematologic and lymphatic, respiratory, gastrointestinal, hepatic and pancreatic systems and care of the surgical patient. Students will have clinical practice at various hospitals or skilled nursing units within long-term care facilities. Classroom, laboratory, and clinical experience are provided concurrently.

**End-of-course Outcomes:** Upon successful completion of this course, students will be able to discuss selected common medical-surgical conditions affecting the adult; and utilize the nursing process to assist in developing a plan of care for selected medical-surgical conditions. The students will also be able to apply the basic vocational nursing skills.

VNSG 300......24/2.0 Course Level: Intermediate

## **PHARMACOLOGY II**

This course continues the instruction from Pharmacology I related to commonly used drug groups. Students will gain an understanding of drug groups, to include: integumentary; musculoskeletal; nervous; eye and ear; endocrine; reproductive and urinary; and vitamins, minerals, herbs and complementary and alternative medicines. Students will learn about drug actions and adverse effects and apply the nursing process to medication administration, promoting and monitoring therapeutic effects, observing patients and minimizing the adverse effects of drugs, and evaluating the drug's effectiveness.

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JON VECCHIO, Director ARLINGTON CAREER INSTITUTE

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**End-of-course Outcomes:** Upon successful completion of this course, students will be able to categorize the classification of drugs; calculate drug dosages; identify the therapeutic use, routes of administration, indications, contraindications, and adverse effects; and describe the nursing responsibilities in medication administration.

VNSG 301.....24/2.0 Course Level: Intermediate

### MENTAL HEALTH NURSING

This course provides instruction about basic mental health concepts, including stress and adaptation as well as principles of mental health and illness, abnormal behaviors, stress and anxiety, violence and abuse, therapeutic communication, nursing care of patients with common psychiatric disorders and addictive personalities. Additionally, students learn about identifying psychological, social and cultural issues that may affect patients and families.

**End-of-course Outcomes:** At the successful completion of this course, students will be able to explain the role of the vocational nurse in caring for patients and families experiencing mental health problems; use therapeutic communication; utilize critical thinking skills and systematic problem-solving process for providing care to patients and families experiencing mental health problems.

VNSG 302......72/24/192/14.0 Course Level: Intermediate

## MEDICAL-SURGICAL NURSING II and CLINICAL

This course is a continuation of Medical-Surgical Nursing I and Clinical with application of the nursing process to the care of the adult patient experiencing common disorders of the urinary, endocrine, genitourinary and reproductive, musculoskeletal, neurologic, sensory, and integumentary systems. Students will have clinical practice at various hospitals, rehabilitation centers and skilled nursing units within long-term care facilities. Classroom, laboratory, and clinical experience are provided concurrently.

**End-of-course Outcomes:** Upon successful completion of this course, students will be able to discuss common medical-surgical conditions affecting the adult client; and utilize the nursing process to assist in developing a plan of care for selected medical-surgical conditions. The students will also be able to apply the basic and advanced vocational nursing skills.

VNSG 400......72/12/60/9.5 Course Level: Advanced

#### MATERNAL-CHILD NURSING and CLINICAL

This course is a study of nursing care related to the normal process and common disorders of the antepartum, intrapartum, and postpartum periods and the newborn. Nursing care related to normal growth and development from infancy through adolescence and common disorders of childhood are also explored. Clinical practice sites may include hospitals, outpatient care settings such as clinics and doctor's offices, and daycares. Classroom, laboratory, and clinical experience are provided concurrently.

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End-of-course Outcomes: Upon successful completion of this course, students will be able to discuss human reproduction and fetal development as related to the normal aspects of childbearing; identify common complications of the mother and newborn during prenatal, antenatal, and postnatal periods; and relate characteristics of the normal newborn and associated nursing interventions to meet identified healthcare needs utilizing the nursing process, identify psychological and physical changes that occur during normal growth and development of the child, describe patient and family teaching to support normal growth and development, identify the medications used for common disorders of childhood by classification, generic and trade names, routes of administration, usual dosage, side effects, nursing implications and toxic effects, apply the nursing process to pediatric patients experiencing common disorders of childhood, and describe the nursing care for diagnostic tests related to pediatric care.

VNSG 401......36/108/7.0 Course Level: Advanced

## VOCATIONAL NURSING LEADERSHIP AND CLINICAL

This course allows students to learn to utilize nursing leadership and management skills as a member of the interdisciplinary health care team. An understanding of the Texas Nurse Practice Act, standards of nursing practice, unprofessional conduct rules, delegation rules and personal career development is acquired. Students will have clinical practice at various long-term care facilities. Classroom and clinical experience are provided concurrently.

**End-of-course Outcomes:** At the successful completion of this course, students will be able describe the role of the licensed vocational nurse in multi-disciplinary settings inclusive of basic principles of leadership and management; discuss the role of professional organizations and regulatory agencies; explain the Texas Board of Nursing Rules and Regulations and the Nurse Practice Act; and identify criteria and appropriate resources for continuing education.

VNSG 402......36/3.5 Course Level: Advanced

## **VN CAPSTONE**

This course provides the student with a review of key content from the practical nursing program. Students will identify areas of content mastery and weakness so they can develop a study plan for success on the licensure examination. The process for taking the licensure examination and applying for a Texas nursing license is presented.

**End-of-course Outcomes:** Upon completion of this course, students will be able to implement study techniques and test-taking strategies for the NCLEX-PN; and review core concepts of vocational nursing essential to NCLEX-PN success.

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# **VOCATIONAL NURSING GRADING POLICY**

The Vocational Nursing program stresses excellence in all areas and strives to maintain the high quality of nursing education. As part of this important process, the following grading system (different from that of the parent institution) is used to support excellence and is applied to all Vocational Nursing courses:

A = 100-90 B = 89-80 C = 79-75F = Below 75

A student MUST maintain a final grade of "C" in each course in order to progress. Any grade below 75 is failing. No rounding will occur.

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ARLINGTON CAREER INSTITUTE